



# **Community Assistance Resources For Parents, Kin, Children, and Fosters**

This resource list was developed by the Arizona Ombudsman-Citizens' Aide Office in collaboration with the Safety Working Group of the Court Improvement Program, Dependent Children's Services Division, Arizona Administrative Office of the Courts.

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## ADA Accommodations

- Ask JAN (Job Accommodation Network)  
<https://askjan.org/>
- Deaf Rights Game Changer  
<https://www.understandingtheada.com/blog/2018/11/08/deaf-rights-effective-communication-silva-v-baptist-health-south-florida-inc/>
- Understanding the ADA from an ABA expert's blog  
<https://www.understandingtheada.com/>



## Aging and Elder Services

- People's Information Guide, Arizona Community Action Association- (Pages 6-12)  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>
- 2-1-1 Arizona, Veteran Assistance  
<https://211arizona.org/veterans-military-services/>
- Attorney General Senior Resources  
<https://www.azag.gov/seniors/resources-for-seniors>
- Senior Adult Living Program- 602-264-4357  
<https://www.aaaphx.org/program-services/senior-adult-independent-living-sail/>
- National Council on Aging-  
<https://www.ncoa.org/get-involved/i-am-older-adult-caregiver.html>
- Senior Online Resources Directory-  
<https://seniordirectory.com/>



## Children's Services

- People's Information Guide, Arizona Community Action Association- (Pages 13-20)  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>
- 2-1-1 Arizona, Clothing Assistance-  
<https://211arizona.org/food-clothing-bills/>
- 2-1-1 Arizona, Family Assistance-  
<https://211arizona.org/individual-family-services/>
- ADHS Woman, Infants, and Children- 1 (800) 252-5942  
<https://www.azdhs.gov/prevention/azwic/index.php>

# Community Assistance Resources For Parents, Kin, Children and Fosters

- What is your growth strategy? Child Care, Daycare Assistance-  
<https://www.firstthingsfirst.org/resources/find-programs/>
- Arizona Children's Association- (800) 944-7611  
<https://www.arizonaschildren.org/services/>
- Children Mental Health Services Network-  
<http://csn-az.org/directory.php>

## Civil Rights



- Arizona Attorney General Office of Civil Rights  
<https://www.azag.gov/civil-rights/discrimination/public-accommodation>
- Civil Rights Violations, Department of Justice  
<https://civilrights.justice.gov/>

## Consumer Rights



- Better Business Bureau – Complain about a business  
<https://www.bbb.org/>
- Arizona Attorney General Office of Consumer Rights  
<https://www.azag.gov/consumer>

## Disability Services



- People's Information Guide, Arizona Community Action Association- (Pages 21-24)  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>
- 2-1-1 Arizona, Disability Services-  
<https://211arizona.org/disability-related-services/>
- Itemize how much start-up capital is required to launch the business and project how long before profitability. AHCCCS Office of Human Rights  
<https://www.azahcccs.gov/Members/Downloads/RandRBrochures/OHRBrochurerevised10252017Eng.pdf>
- DES Disability Services Determination- (602) 771-7100  
<https://des.az.gov/services/disabilities/developmental-disabilities/determine-eligibility>
- Social Security Disability Benefits- 1-800-772-1213  
<https://www.ssa.gov/applyfordisability/>
- Disability Advocacy Organizations-  
[https://www.olmsteadrights.org/self-helptools/advocacy-resources/item.6519-Arizona\\_Disability\\_Resources\\_and\\_Advocacy\\_Organizations](https://www.olmsteadrights.org/self-helptools/advocacy-resources/item.6519-Arizona_Disability_Resources_and_Advocacy_Organizations)

## Domestic Violence Services



- List of Arizona Woman's Shelters  
<https://www.usattorneylegalservices.com/women-shelters-Arizona.html>
- Complete aPeople's Information Guide, Arizona Community Action Association- (Pages 25-28)  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>
- 2-1-1 Arizona, Domestic Violence Assistance-  
<https://211arizona.org/domestic-violence/>
- Prepare aDES Domestic Violence Services- 602-542-4446  
<https://des.az.gov/services/basic-needs/shelter-housing/domestic-violence-services>
- Describe anCrisis Counseling Programs- 1-877-211-8661  
<https://resilientarizona.org/contact-us>
- Domestic Violence Legal Representation- (602) 279- 2980  
<https://www.acesdv.org/helpline/>
- Build aArizona Department of Housing  
<https://housing.az.gov/general-public/victims-domestic-violence>
- Build aCity of Phoenix  
<https://www.phoenix.gov/law/victims/domestic-violence/resources-and-referrals>

## Employment, Training and Education Services



- People's Information Guide, Arizona Community Action Association- (Pages 29-35)  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>
- 2-1-1 Arizona, Employment Assistance-  
<https://211arizona.org/employment-services/>
- DES Vocational Rehabilitation- 1-800-563-1221  
<https://des.az.gov/services/employment/rehabilitation-services/vocational-rehabilitation>
- Arizona Job Network-  
<https://arizonaatwork.com/find-jobs>
- Pima County Employment Training Services  
<https://webcms.pima.gov/cms/One.aspx?pageId=6402>



## Financial Benefits

- People's Information Guide, Arizona Community Action Association- (Pages 36-41)  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>
- 2-1-1 Arizona, Budget/Financial Assistance  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>
- DES Unemployment Insurance- 1 (877) 600-2722  
<https://des.az.gov/services/employment/unemployment-individual>
- DES Cash Assistance- (855) 432-7587  
<https://des.az.gov/services/child-and-family/cash-assistance>
- Short-Term Crisis Services  
<https://des.az.gov/services/basic-needs/shelter-housing/short-term-crisis-services>



## Food and Nutrition Services

- People's Information Guide, Arizona Community Action Association- (Pages 42-52)  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>
- 2-1-1 Arizona, Food Assistance  
<https://211arizona.org/food-clothing-bills/>
- DES Food Assistance- (855) 432-7587  
<https://des.az.gov/services/basic-needs/food/nutrition-assistance>
- DES APPLICATION FOR BENEFITS  
<https://www.healtharizonaplus.gov/Login/Default>
- EBT card  
<https://des.az.gov/services/basic-needs/food-assistance/nutrition-assistance/electronic-benefits-transfer-ebt-card>
- EBT card Bank of America information: Service Arizona  
<https://servicearizona.com/>
- AZ Food Bank Network- (602) 528-3434  
<https://azfoodbanks.org/food-banks-in-az/>
- USDA Supplemental Nutrition Assistance Program (SNAP)  
<https://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program>
- Arizona Supplemental Nutrition Program for Women, Infants, and Children (WIC)  
<https://www.azdhs.gov/prevention/azwic/index.php>
- Arizona Self-Help.org  
<http://www.arizonaselfhelp.org/>



### Grandparent Rights:

- GrandFacts – Fact sheet for grandparents and relatives raising kin by AARP  
<https://www.aarp.org/content/dam/aarp/relationships/friends-family/grandfacts/grandfacts-arizona.pdf>
- Grandfamilies.org  
<https://grandfamilies.org/Search-Laws>
- 16 A.R.S. Rules of Civil Procedure, Rule 24 Intervention  
[https://govt.westlaw.com/azrules/Document/N4DE03E7086F511E6B637E67CBD27CD9A?viewType=FullText&originationContext=documenttoc&transitionType=DocumentItem&contextData=\(sc.Default\)&bhcp=1](https://govt.westlaw.com/azrules/Document/N4DE03E7086F511E6B637E67CBD27CD9A?viewType=FullText&originationContext=documenttoc&transitionType=DocumentItem&contextData=(sc.Default)&bhcp=1)



### Health Care Service: Medical Physical Health

- People’s Information Guide, Arizona Community Action Association- (Pages 53-67)  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>
- 2-1-1 Arizona, Medical Assistance  
<https://211arizona.org/health-dental/>
- Arizona Health Benefits-1-855-432-7587  
<https://www.healtharizonaplus.gov/Login/Default>
- DES Medical Assistance- (855) 432-7587  
<https://des.az.gov/services/basic-needs/apply-medical-assistance-ahcccs-health-insurance>
- Children’s Health Coverage Programs- 1-855-432-7587  
<https://www.insurekidsnow.gov/coverage/az/index.html>
- Find Patient Advocate Organizations  
<https://profile.advoconnection.com/locations/arizona/>
- AHCCCS - Arizona Health Care Cost Containment System – (AZ Medicaid)  
<https://www.azahcccs.gov/>

### Health Care Service: Mental Health, Behavioral Health, and Crisis Counseling



- 2-1-1 Arizona, Mental Health Assistance-  
<https://211arizona.org/mental-health-support-groups/>
- 2-1-1 Arizona, Substance Use Disorder Assistance,  
<https://211arizona.org/substance-use-disorder/>
- ASU Students in crisis 480-921-1006  
<https://eoss.asu.edu/counseling/services/crisis>
- La Frontera / EMPACT-SPC's 24-hour Crisis Hotlines for Maricopa and Pinal Counties  
EMPACT 24-hour Crisis Hotline (480) 784-1500  
EMPACT 24-hour Crisis Hotline (855) 785-1500 (toll-free)  
EMPACT 24-hour Sexual Assault Hotline (480) 736-4949  
EMPACT 24-hour Sexual Assault Hotline (866) 205-5229 (toll-free)  
Rally Point 24-hour Hotline (Veterans and Military) (855) 725-5948  
<http://lafrontera-empact.org/>
- National Substance Use, Disorder Issues Referral, and Treatment Hotline 1-800-662-HELP (4357)  
<https://www.sumhlc.org/resources/samhsas-national-helpline-1800662-help/>
- National Suicide Prevention Lifeline 1-800-273-8255  
<https://suicidepreventionlifeline.org/>
- Resilient Arizona, Crisis Counseling Program  
<https://resilientarizona.org/>
- Teen Lifeline (602) 248-8336 or outside Maricopa 1-800-248-8336  
<https://teenlifeline.org/>
- Suicide and Crisis Hotlines by County
  - Maricopa County served by Mercy Care: 1-800-631-1314 or 602-222-9444
  
  - Cochise, Graham, Greenlee, La Paz, Pima, Pinal, Santa Cruz, and Yuma Counties served by Arizona Complete Health - Complete Care Plan: 1-866-495-6735
  
  - Apache, Coconino, Gila, Mohave, Navajo, Yavapai Counties served by Health Choice Arizona: 1-877-756-4090
  
  - Gila River and Ak-Chin Indian Communities: 1-800-259-3449
  
  - Salt River Pima Maricopa Indian Community: 1-855-331-6432

## Homeless Shelters and Services:



- People's Information Guide, Arizona Community Action Association- (Pages 68-72)  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>  
or  
<http://acaadreamhosters.com/wp-content/uploads/2009/01/Homeless-Shelters-Services.pdf>
- 2-1-1 Arizona, Housing Assistance-  
<https://211arizona.org/housing-shelter/>
- Ability 360 (Formerly AZ Bridge to Independent Living)  
<https://ability360.org/>
- HUD Arizona Homeless Assistance  
[https://www.hudexchange.info/housing-and-homeless-assistance/homeless-help/?csrf\\_token=D536BE4E-6375-410E-B8E24B6857E31D4D&params=%7B%22limit%22%3A20%2C%22newSearch%22%3Atrue%2C%22homelessPOCsOnly%22%3Atrue%2C%22state%22%3A%22AZ%22%7D##granteeSearch](https://www.hudexchange.info/housing-and-homeless-assistance/homeless-help/?csrf_token=D536BE4E-6375-410E-B8E24B6857E31D4D&params=%7B%22limit%22%3A20%2C%22newSearch%22%3Atrue%2C%22homelessPOCsOnly%22%3Atrue%2C%22state%22%3A%22AZ%22%7D##granteeSearch)
- Website w/ list of homeless assistance agencies by county:  
<http://www.azhousing.gov/ShowPage.aspx?ID=170&CID=11>
- Veterans Experiencing Homelessness – Region 22 (AZ, S. CA, NM) 1-877-424-3838  
<https://www.va.gov/homeless/homeless-coordinators.asp#visn22>

## Housing, Home Repair, and Home Weatherization



- People's Information Guide, Arizona Community Action Association- (Pages 73-80)  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>
- Arizona Foreclosure Helpline- (877) 448-1211  
<https://housing.az.gov/general-public/arizona-foreclosure-help-line?ID=248>
- U.S. HUD  
<https://www.hud.gov/>
- U.S. HUD Tenant Rights, Laws, and Protections: Arizona  
<https://www.hud.gov/states/arizona/renting/tenantrights>
- HUD Arizona Housing Counseling-  
<https://apps.hud.gov/offices/hsg/sfh/hcc/hcs.cfm?webListAction=search&searchstate=AZ>
- HUD Arizona – Home Repairs  
<https://www.hud.gov/states/arizona/homeownership/homerepairs>
- HUD Local Public Housing Agency (Section 8)-  
[https://www.hud.gov/program\\_offices/public\\_indian\\_housing/pha/contacts](https://www.hud.gov/program_offices/public_indian_housing/pha/contacts)

## Community Assistance Resources For Parents, Kin, Children and Fosters

- Arizona Residential Landlord and Tenant Act Publication by the AZ Dept. of Housing  
[https://housing.az.gov/sites/default/files/documents/files/Landlord-Tenant-Act-ADOH-Publication-July-2018\\_0.pdf](https://housing.az.gov/sites/default/files/documents/files/Landlord-Tenant-Act-ADOH-Publication-July-2018_0.pdf)
- Arizona Mobile Home Landlord & Tenant Act  
<https://housing.az.gov/manufactured-housing/az-mobile-home-landlord-tenant-act-information-relocation-fund>
- HOA Disputes  
<https://azre.gov/consumers/hoa>

## Legal Resources



- 2-1-1 Arizona, Government Assistance-  
<https://211arizona.org/government-tribal-services/>
- AZ Court Self-Service Center-  
<https://www.azcourts.gov/selfservicecenter>
- Community Legal Assistance- (602) 258-3434 or 1 (800) 852-9075  
<https://clsaz.org/what-we-do/>
- AZ Law Help – for people with low incomes. 866-637-5341  
<https://www.azlawhelp.org/>  
The screening interview is here: <https://azlawhelp.org/accessToJustice.cfm>
- Maricopa County Bar Association Lawyer Referral Service  
<https://maricopabar.org/?pg=LRSHome>
- Office of Administrative Hearings (OAH):  
<https://www.azoah.com/>
- Pima County Bar Association  
<https://www.pimacountybar.org/>
- Southern Arizona Legal Aid, INC. including divisions in the White Mountain area, Bisbee, Casa Grande, Sells, Tohono O’odham, Santa Cruz County, Nogales.  
<https://housing.az.gov/sites/default/files/SOUTHERN%20ARIZONA%20COMMUNITY%20LEGAL%20AID.pdf>
- State Bar of Arizona –Find a lawyer or complain about a lawyer  
<https://www.azbar.org/>
- Arizona Revised Statutes (A.R.S.)  
<https://www.azleg.gov/arstitle/>
- Rules (Arizona Administrative Code)  
<https://www.azleg.gov/arstitle/>



## Ombudsman Offices

- Department of Child Safety (DCS) Office of the Ombudsman/Problem Resolution/Grievance Department – INTERNAL to DCS  
<https://dcs.az.gov/resource/complaint-or-disagreement> and <https://dcs.az.gov/resource/complaint-or-disagreement/form>
- The Department of Economic Security (DES) Office of the Ombudsman – INTERNAL to DES  
<https://des.az.gov/how-do-i/request-assistance-ombudsman>
- Arizona Ombudsman-Citizens' Aide Office – EXTERNAL from DCS  
<https://www.azoca.gov/> or <https://www.azoca.gov/complaint-procedure/complaint-form/>



## Transportation Services

- People's Information Guide, Arizona Community Action Association- (Pages 81-83)  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>
- ADOT Transport Programs and Grants  
<https://azdot.gov/planning/transit-programs-and-grants>
- DES Community Transportation Resources-  
<https://des.az.gov/services/disabilities/developmental-disabilities/community-resources/transportation>
- ADOT Service Arizona  
<https://servicearizona.com/>
- Senior Transport  
<https://www.wacog.com/senior-transportation/>



## Utility and Short Term Crisis Assistance

- People's Information Guide, Arizona Community Action Association- (Pages 84-93)  
<https://wildfireaz.org/wp-content/uploads/2018/04/2010-complete-guide.pdf>
- Arizona Self Help, Telephone Assistance  
<https://www.arizonaselfhelp.org/programs/detail/37/>
- Arizona Self Help, Gas Assistance-  
<https://www.arizonaselfhelp.org/programs/detail/36/>
- DES Utility Assistance-  
<https://des.az.gov/services/basic-needs/shelter-housing/utility-assistance>
- Short-Term Crisis Services-  
<https://des.az.gov/services/basic-needs/shelter-housing/short-term-crisis-services>



## Victims' Rights

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- Arizona Attorney General's Office  
<https://www.azag.gov/complaints/victims-rights>
- Civil Rights Violations, Department of Justice  
<https://civilrights.justice.gov/>

## Miscellaneous List of all Qualifying Charities in Arizona per Arizona Dept. of Revenue

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- [https://azdor.gov/sites/default/files/media/CREDITS\\_2020\\_qco.pdf](https://azdor.gov/sites/default/files/media/CREDITS_2020_qco.pdf)