

## DCS Service Array Bench Card

<b>Assessments</b>		
Assessment Name	Description	Indicators
Family Functioning Assessment (FFA)	This assessment is conducted by the Department to determine safety threats, necessary interventions, and needed behavioral changes. The first FFA is conducted by the DCS investigator and is the initial assessment of the family.	The Department conducts an FFA at the outset of all cases, typically within 60 to 90 days of the DCS report.
Substance Abuse Assessment - Arizona Families F.I.R.S.T.	The AFF program provides an initial assessment to assess whether the adult or child is using substances, and to determine what level of care, if any, the person needs to be able to address any identified substance abuse issues.	When there are observations that substance use may be contributing to dangers in the home; and when there are behavior change goals related to substance use that poses a safety threat to the child.
Psychological Evaluation	After consulting with a unit psychologist, or receiving a court order, the Department may submit a referral for a full-scale psychological evaluation. Most psychological evaluations will contain a narrative section based on a review of Department provided documentation and the evaluation will address specific questions posed by the Department, a summary of the psychologist's interview with the parents, a battery of tests, such as the MMPI, diagnoses, and recommendations.	When additional information is needed to understand how cognitive impairment, substance use, of mental health disorder may be contributing to safety threats, and to obtain recommendations for clinical treatment when necessary.
<b>Services</b>		
Service Name	Description	Indicators
Family Connections (FC)	FC is a trauma-informed service that assesses numerous aspects of family and child well-being to assist parents in making necessary behavioral changes to meet their child(ren)'s needs. Upon initial referral, an FC consultant must meet with the family within one-day. At that initial meeting, the FC consultant will conduct a stabilization assessment to determine if any crisis or concrete support services are immediately necessary. A more formal assessment will occur by the 30-day mark to determine what other supports are necessary to assist the family, and an FC Service Plan will be developed by the 45-day mark. The FC consultant will continue to engage in formal assessments at 90-day intervals thereafter. At each assessment, the FC consultant is assessing the families' functioning, social support, family resources, parenting attitudes and behaviors, stress, and child well-being to determine what additional community resources may be appropriate.	When there are behavior change goals related to family connections and roles, social supports, family resources, parenting stress and coping skills, and general child well-being.

Nurturing Parenting Program (NPP)	This service provides uses an evidence-based, trauma-informed parenting curriculum for parent-skill building. The NPP Practitioner will meet with the parent approximately one-time per week to conduct a parenting session. The parenting session includes 1 hour of parenting education and activity preparation, 30 minutes of a nurturing activity for the parent and child and 30 minutes of parent-only debrief to discuss how the parent did in implementing the new skill set.	When there are behavioral change goals related to parent empathy, age-appropriate expectations, non-violent discipline, and parenting ability.
Substance Abuse Testing	Initial and ongoing random urinalysis or hair follicle testing to assess type of substance using, and encourage adults and youth in their treatment.	When there are behavioral change goals related to substance use.
Substance Abuse Treatment – AZ Families F.I.R.S.T.	AFF is a DCS contracted service to provide evidence-based substance use disorder. Depending on the recommended level of care, a parent may participate in in-patient or out-patient treatment. Out-patient treatment services may occur daily, three-times per week, or one time per week. Medically assisted treatment, recovery maintenance, case coordination, and services to treat the whole family are also available. These sessions may include both individual sessions and group sessions. AFF services adults and youth.	When the substance abuse assessment recommends substance use treatment.
Supervised Parenting Time (Visitation)	Parenting time may be supervised by a Responsible Adult (such as a relative), a Department Case Aide (who is a Department employee), or a DCS-contracted supervised visitation only (SVO) provider. Supervised Parenting Time does not include parent skill training.	When dangers to the child during parenting time cannot be managed through other means (by controlling who is present, the location, time of day, or provision of supportive resources).
Clinically Supervised Parenting Time	CSPT is to provide parenting time supervision and coaching by a qualified mental health clinician. NOTE: This is a safety management service and is not a therapeutic intervention.	When a trained clinician is needed to recognize dangers and manage safety; generally used in cases of medical child abuse and sexual abuse.
Family Therapy or Parent-Child Therapy	A service obtained through the Regional Behavioral Health Authority (RBHA) to provide therapeutic services between a parent and their child.	When therapeutic intervention is necessary to rebuild or restore a relationship between the parent and child.
Behavioral Health Services through the RBHA	The Department generally does not provide direct referrals for behavioral health services; but instead utilizes the RBHA to obtain services such as psychiatric evaluations, individual therapy, domestic violence therapy, or similar services. However, the Department will coordinate with the RBHA to help obtain these services if the parent has public health insurance.	Indicators vary based on the types of services necessary through the RBHA. However, these varying services should be indicated either through the Family Functioning Assessment, a psychological consultation, or a psychological evaluation.