





The logo for Arizona's Children Association, featuring a stylized purple heart shape with a leaf-like top and a pointed bottom.

ARIZONA'S CHILDREN ASSOCIATION

**We are Arizona's best resource for
helping children and families.**

www.ArizonasChildren.org

Protecting Children, Empowering Youth, Strengthening Families.

Who We Are

Arizona's Children Association (AzCA) is a nonprofit organization that was **founded in 1912**, as an orphanage to care for homeless, neglected and dependent children.

We are **one of the oldest and largest** statewide child welfare and behavioral health nonprofit agencies in Arizona.

www.ArizonasChildren.org



Behavioral Health Services

Who can we serve?

- Children ages 0-17
- Adults that do not have complex needs
- AHCCCS/ T19 – All Health Plans
- Mental Health Block Grant funds available
- Self-Pay and sliding scale services available
- Anyone can refer a child for services, however the Parent/Guardian must be present for the intake



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Behavioral Health Services

What Services Do We Provide?

- Rapid Response
- Emergent Services
- Comprehensive Intake Assessments
- Case Management
- School Based Services
- Direct Support/Behavior Coaching
- Family Support
- Parenting education and support
 - Nurturing Parent
 - Parenting the Traumatized Child
- Birth to Five Services
- Individual/Family Therapy
- Psychiatric Services



Behavior Coaching

Skills Training and Development

- Individual and Group settings
- Goal is to teach skills to maximize the child's ability to function more independently
- Some common areas:
 - Self-care
 - Household management
 - Budgeting
 - Community resources
 - Developing social networks
 - Social skills
 - Healthy relationships
 - Communication skills



Family Support

- Community based services that assist and support parents/caregivers in their role as caregivers
- Help parents enhance skills and resolve problems to promote optimal child development
- Understanding diagnoses, understanding IEP and 504 plans, helping families navigate systems, etc.



Birth to Five Services

- Developmental Monitoring using Ages and Stages Questionnaires (ASQ's)
- Parent/Child Relationship Therapy
- Brain Box – developer Dr. Jill Stamm
 - S.T.E.P.S. to early brain development
 - 5 key elements
 - Security, Touch, Eyes, Play, Sound
 - The Brain Boxes are a unique patented set of products which teach parents/caregivers how to interact in ways that encourage healthy brain development.



Therapy Services

- Trained in many related theories
- Trauma Focused CBT
- Dialectical Behavior Therapy (DBT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Family Therapy



Neurosequential Model of Therapeutics (NMT)

- Arizona's Children Association (AzCA) provides assessment and treatment planning using the Neurosequential Model of Therapeutics (NMT) in partnership with the Child Trauma Academy. Developed by Dr. Bruce Perry, the NMT is an evidence-based, "trauma-informed," and brain-based approach to clinical problem solving.
- The NMT recognizes that brain development follows a sequential pattern and incorporates current research regarding the effects of adverse experiences on a child's brain development. Through NMT, a model is provided to assess neurological disorganization and help identify developmentally appropriate interventions.
- By targeting deficits within the brain utilizing NMT's brain mapping, clinicians are better equipped to identify more effective therapeutic, environmental, and relational treatment approaches. These approaches have been found to effectively increase bonding and attachment, assist in regulating one's emotions, and managing unhealthy behaviors.



NMT example

Client, 6 years old

4	1	3	1	1	1
7	8	4	2	3	2
3	2	5	3	3	3
	7	3	3	5	
	4	4	5	10	
		10	4		
		4	9		
		6	6		

Typical 6 to 7 year old

7	7	7	7	7	7
9	10	9	7	7	8
8	9	10	10	8	10
	10	9	9	10	
	9	11	10	8	
		12	10		
		12	12		
		11	12		

Functional Brain Map Value Key

DEVELOPMENTAL

Functional

12	DEVELOPED
11	TYPICAL RANGE
10	
9	EPISODIC/EMERGING
8	MILD Compromise
7	
6	PRECURSOR CAPACITY
5	MODERATE Dysfunction
4	
3	UNDEVELOPED
2	SEVERE Dysfunction
1	



NMT cont...

NMT services include:

- A comprehensive initial consultation
- Clinical abstract that highlights all pertinent developmental, medical, and historical data
- Initial NMT Metric that highlights the client's unique brain map
- Professional staffing with external providers to review NMT metric results that help direct recommendations for therapeutic, educational and enrichment activities
- Family consultation to review metric components
- 3-month follow up NMT assessment (additional metrics available upon request)
- Additional services, including therapy, may be available upon request and based on availability
- *For consultation, training or potential fees associated with this service, please contact us today!*
602.234.3733 or 800.944.7611 | NMT@arizonaschildren.org



Contact Us!

**275 W 17th Place
Yuma, AZ 85364
(928)344-8800
(928)244-0063 Fax**



Site Director – Claudia Crockett o928-344-8800 x 1265

Program Supervisor– Rachel Franck c928-315-0609

Behavior Coach Supervisor – Erika Mendoza c928-315-0571

www.ArizonasChildren.org



easterseals
Blake Foundation

3860 w 24TH St

Yuma, AZ 85364

O: 928-276-9225

F: 928-276-4313

Intake Agency & Specialty Provider

- **Who we are**

- ESBF offers and provides an array of early childhood behavioral health services , Adolescent, and Adult services that support healthy relationships between very young children, parents/caregivers, and individuals.
- ESBF provides Parent-Child Relationship Assessments and Parent-Child Relationship Therapy for young children and their families
- ESBF provides comprehensive mental health and developmental assessments for young children
- ESBF provides children skill building groups
- Psychiatric Services and medication management
- Living Skills
- Skills Training
- Family Support
- Peer Support
- Health Promotion/ Prevention Education
- Pre-employment Educational Services and Ongoing Support

Modules for Therapy

- **Child Parent Psychotherapy (CPP)**
- **EMDR techniques (Eye Movement Desensitization and Reprocessing)**
- **Motivational Interviewing**
- **ABA techniques (Applied Behavior Analysis)**
- **CBT therapy**
- **DBT techniques (Dialectical behavior therapy)**
- **Trauma Informed Therapy**

- **The Incredible Years Program Groups: The Incredible Years are research-based, proven effective programs for reducing children's aggression and behavior problems and increasing social competence at home and at school**
- Dinosaur School (for Children 4-8 years)
 - Dinosaur School assists children in learning: classroom behavior skills, feeling recognition in self and others, problem solving, anger management, and friendship skills.

The Incredible years programs



Easter Seals Blake Foundation



is proud to present:



Autism Spectrum & Language Delays Parent Group

Case Managers please add H0004HQ Group Behavioral Health Counseling & Therapy code for parenting group.

Held at: Easter Seals Blake Foundation
1060 S 5th Ave
Yuma, Arizona 85365

The Incredible Years are research-based, proven effective programs for reducing children's aggression and behavior problems and increasing social competence at home and at school

The Autism Spectrum & Language Delays Parenting Group:

- promotes children's emotional regulation
- promotes social competence
- promotes language skills and school readiness
- teaches parents to build children's relationships with others



For more information call or email:
Annahi Ruano 928-503-6115
aruano@blake.easterseals.com

For more information on The Incredible Years visit www.incredibleyears.com : Logo used with permission



Easter Seals Blake Foundation Incredible Years Programs

Parent Education:

Incredible Years Parents and Toddlers; for parents of children 6 months-3 years

- understand cues and respond appropriately to their needs
- help child feel loved, safe, and secure
- encourage child's development
- establish clear and predictable routines
- self care as an important step in caring for child
- use positive discipline to manage misbehavior

Incredible Years Parents and Babies; for parents of babies 0-6 months at group start. Two groups available for teen parents or for parents of any age

- babies attend sessions allowing for hands on practice of skills
- understand baby's cues and respond appropriately to their needs
- help baby feel loved, safe, and secure
- encourage baby's development
- establish clear and predictable routines
- self care as an important step in caring for baby

Incredible Years Basic Preschool; for parents of children 3-6

- strengthens parent-child interactions and attachment
- reduces harsh discipline
- fosters ability to promote children's social, emotional, and language development
- teaches parents to build children's school readiness skills

All parent education groups are offered in 12 weekly sessions of two to three hours.
Case Managers please add H0004HQ Group Behavioral Health Counseling & Therapy for code for parenting group and Dinosaur School.

Dinosaur School:

Dinosaur School Skill Building Group; for children 4-8

- Classroom behavior skills
- Feeling recognition in self and others
- Problem solving
- Anger management
- Friendship skills

Dinosaur School is offered in 18 weekly 2 hour sessions

Enrollment must be confirmed with an ESBF member prior to the group start
Children must be enrolled with a contracting behavioral health provider
in order for the family to be eligible to receive services

For more information contact:

Annahi Ruano at (928)503-6115 or Elizabeth Perez at (928) 259-9878
aruano@blake.easterseals.com eperez@blake.easterseals.com

For more information on the Incredible Years visit www.incredibleyears.com

“The Next Step” Substance Abuse Group

- **Population:** Juvenile Probation

- **Focus:**
 - Avoiding relapse
 - psychoeducation on addiction
 - self-awareness and identifying triggers
 - Improving Interpersonal relationships
 - Recognizing/Identifying Emotions

Specialty services offered continued:

- **Rapid Response**
 - ESBF completes Rapid Response assessments within 72-hours of referral from Nursewise
 - Engage families and offer services, completes assessment and makes clinical recommendations
 - Participates in coordination with DCS, biological family, foster families, court system, & other agencies
- **Intake and Coordination of Care Agency (ICCA)**
 - Intakes for children 0-17 and ADULTS
 - Complete comprehensive intake assessment and diagnoses, complete clinical recommendations for services
 - ESBF is able to provide case management coordination, therapy services, and telemed services
 - Provide therapy services for children 0-17 years old and ADULTS

Contact information

Southwest Region Clinical Manager

Rocio Beltran MBA 928-318-3054

Therapist Supervisor

Ashley Wright, LMSW 928-919-1016

BHC team lead

Katy Tupper, BHC/BHT 928-318-3036





**CHILDREN – ADOLESCENT – FAMILY
SERVICES**

3180 E. 40th Street

Yuma, Az 85364

928.373-6785



ABOUT

We are an Intergraded Behavioral Health Agency helping children ages birth to 17 live successfully in their own communities by collaborating with the child, family and other supports.



WHY CHOOSE HORIZON

- **Our Children Case Loads are Small**
 - Able to Provide More Direct Care to Families
- **We are Able to Work With Children With Complex Needs**
 - Multiple State Agency System
 - Living Out Of Home
 - Assist Families with Division of Developmental Disabilities Application Process
 - History of Trauma
 - Co-Occurring Disorders
 - Transition Age Youth



WHY CHOOSE HORIZON

- **School Based Services**
- **Specialized Funding**
 - Administrative Office of the Courts (AOC)
 - Substance Abuse Block Grant (SABG)
 - Mental Health Block Grant (MHBG) For children with Serious Emotional Disturbance (SED)
 - Sliding Fee Scale
- **Ability to Transition Into Adult Services Within The Same Agency**
- **Rapid Response Enrollments**
 - For Children Taken Into DCS Custody



SERVICES

- **Play Therapy:** We provide several mediums for children to express themselves through their language: play.

- **Coping Skills Group**

- **ART Therapy**
- **Music Therapy**
- **Teen Group**
- **Saturday Kids With Special Needs Group**





Services

YOUTH INTENSIVE OUTPATIENT (IOP) SERVICES

Provides individual, group and case management services for youth through age 17 who have been assessed and found chemically dependent and appropriate for an IOP level of care. Groups are held three (3) days per week for a minimum of three (3) hours per day





Additional Services

- Family Support
- Psychiatric Services
- After School Programs
- Transportation
- Parenting
- Transitional Age Youth
- Individual Therapy
- Pre Job
- Medication Management
- Primary Care Services





Contacts:

Celia Elizarraras- Referrals

Celia.elizarraras@hhwaz.org

Arlene Gallardo Site Admin

Arlene.gallardo@hhwaz.org

Kristin Parrish – Supervisor

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Phone: 928.783.3986

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**Community
Health
Associates**

Strengthening Families, Empowering Communities

MEET ME WHERE I AM (MMWIA)

IS ONE OF THE PROGRAMS AVAILABLE THROUGH OUR CHILDREN'S HIGH NEED RECOVERY CENTERS AT COMMUNITY HEALTH ASSOCIATES.

WE BELIEVE CHILDREN AND ADOLESCENTS WITH COMPLEX NEEDS CAN REACH THEIR GOALS AND LIVE SUCCESSFULLY IN THEIR HOMES AND COMMUNITIES WHEN THEY ARE SUPPORTED BY:

- A DEDICATED RECOVERY COACH,
- A CHILD AND FAMILY TEAM (CFT),
- FAMILY SUPPORT SPECIALIST SERVICES,
- AND COMMUNITY-BASED DIRECT SUPPORT SERVICES.

Determinating of level of care:

The CASII is an assessment tool to determine the appropriate level of care placement for a child or adolescent. CASII's are updated every 6 months or when there is a significant change to ensure that the child is receiving the appropriate level of care.

High Needs

- ▶ Dedicated Recovery Coaches (DRC) are assigned to all members that meet criteria for High Needs. CASII level of 4-6
- ▶ Case loads ratio are not to exceed 20 per DRC
- ▶ MMWIA support services are strictly tied into the high needs team to provide wrap around support services to reduce the risk of placing a child outside of the home or possible DCS removal
- ▶ CFT meetings are required to occur monthly for **ALL** high needs members. CFT meetings required weekly for all members in out of home placements

Low Needs

- ▶ Recovery Coaches (RC) are assigned to all members that meet criteria for Low Needs. CASII levels of 1-3
- ▶ Case load ratio are not to exceed 60 per RC
- ▶ All low/mod members must receive a CFT monthly or no less then quarterly depending on the level of needs/services.

Community Health Associates Children's/YIT Contact:

► Referrals:

(928) 376-0026

► Children's Team Manager:

Lindsey Lee (928) 581-0334 llee@chaarizona.com

► Regional Director:

Dr. Bonnie Mitchell, DBH, LPC, NCC (928) 503-2933
bmitchell@chaarizona.com



SERVICES PROVIDED BY CHA:

- CASE MANAGEMENT (DRC/RC)
- DIRECT SUPPORT (HEALTH CARE NAVIGATOR)
 - Transportation
 - Skills Training
- FAMILY SUPPORT
- EVIDENCE BASED GROUPS
- PSYCHIATRIC AND MEDICAL SERVICES
- VACCINATIONS
- THERAPY
- EMPLOYMENT SERVICES
- PREVENTION AND PROMOTION SERVICES



**Community
Health
Associates**

Strengthening Families, Empowering Communities

Crisis Protocol for CHA

Children's On Call

- Available
08:00am – 05:00pm
- Members ONLY
- Contact Info:
(928) 581-0334

NurseWise

- Available 24/7
- Available to Community
- 1-866-495-6735



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