ARIZONA SUPREME COURT
ADMINISTRATIVE OFFICE OF THE COURTS
JUVENILE JUSTICE SERVICES DIVISION
Contract Year 2014 - 2019
SERVICE SPECIFICATION

MULTISYSTEMIC THERAPY FOR PROBLEM SEXUAL BEHAVIORS (MST-PSB)

Service Codes 297 & 298

SERVICE DEFINITION:

Multisystemic Therapy for Problem Sexual Behavior (MST-PSB) is a family and community-based treatment for youth with sexual behavior problems that may also exhibit other complex clinical, social, and educational problems. MST-PSB provides individualized, comprehensive, and family centered therapy, over a five (5) to seven (7) month period, as an alternative to out-of-home placement for youth with sexual behavior problems. Service delivery may take place in homes, neighborhoods, schools, and communities. MST-PSB serves youth ages 10-17.

STANDARDS/LICENSURE REQUIREMENTS:

1. An agency contractor must be licensed by the Arizona Department of Health Services Division of Licensing Services (ADHSL).

2. The Contractor must be a licensed MST-PSB site in accordance with MST Services/MST Associates.

3. At a minimum, services will be provided by a person who holds a Master's Degree in a human-service related field AND possess the training requirements outlined below.

TRAINING REQUIREMENTS AND SUPERVISION:

1. Prior to service delivery, MST-PSB staff shall receive five (5) days of training in the standard MST model by MST Services. In addition, staff shall receive two (2) days of PSB augmentation training by MST Associates (MSTA). Staff providing supervision shall receive an additional two (2) days of training specific to supervision. After training, the supervisor and therapist will meet weekly for at least the first month and then monthly for individual supervision. The supervisor and the MST-PSB Expert (Consultant) will meet weekly after the supervisor comes back from supervisor training for convergence on clinical cases until the Consultant feels convergence has been met.

2. Staff shall receive one (1) day booster training per quarter from a MST-PSB Expert (Consultant). Staff providing supervision shall receive both the quarterly one (1) day booster training from a MST-PSB Expert (Consultant) and a half day (1/2) of supervisor training. The trainings for both the therapists and supervisors are specific to adolescent problem sexual behaviors, development, and related topics.

3. MST-PSB treatment teams and their supervisors shall receive weekly telephone consultation from MSTA. Other ongoing training includes each therapist and supervisor having clinician or supervisory developmental plans that target areas of growth for the therapist or supervisor. The use of videotaping and observation of therapist sessions are implemented. The supervisor also videotapes group supervision for the MST-PSB Expert (Consultant) to provide on-going training to the supervisor.

UNITS OF SERVICE:

Service shall be billed in fifteen (15) minute increments. Direct service and indirect service must be billed separately.

SERVICE GOALS:

1. Decrease risk of re-offending to ensure victim and community safety with the ultimate goals to increase client acknowledgement, responsibility and understanding of the offense/problem sexual behaviors.

2. Avoid an out-of-home placement by providing service and promoting behavior change in the youth's natural environment through identification of problems/strengths in the family and extra familial systems (e.g. peers, friends, school, and parental workplace).

SERVICE TASKS:

1. Within twenty-four (24) hours of accepting a referral and assigning a screening make initial contact with the youth/family and probation officer.

2. Conduct a MST-PSB Screening to determine eligibility to the MST-PSB Program.

3. Provide the probation officer with either written or telephonic determination upon conducting an eligibility screening which indicates acceptance or denial of the client referral. If the client referral is declined, then the MST-PSB rule out criteria must be documented and available for client record.

4. Within twenty-four (24) hours of a case assignment make initial contact with the youth/family.

5. Conduct an assessment within five (5) days and create a treatment plan within ten (10) days after case admission.

6. MST-PSB staff shall be available to the client and /or family 24 hours per day, 7 days a week.

7. Conduct a weekly treatment team meeting for the purpose of reviewing individual case progress and develop outcome-focused weekly plans to achieve client and/or family goals.

8. Collaborate with the Probation Officer through weekly phone/email updates and monthly face-to-face meetings.

9. Submit a written monthly treatment summary to both the family and the probation officer.

10. Document in the client medical record all services provided; including summary of therapy progress notes. The documents should include date, duration, type of service and therapist name, signature and title, of participants and a summary of events.

11. Provide a range of goal-directed services to each client and client family that may include but shall not be limited to:

    a. Ensure victim and community safety from the youth's problem sexual behaviors via comprehensive safety planning and youth management;

    b. Completion of the clarification process and when indicated family reunification;

    c. Target five domains: family communication, boundaries, conflict resolution and the role of the client in the client/family structure;

    d. Increase family functioning, positive family patterns of interaction and family structure;

    e. Improve parenting practices;

    f. Decrease association with deviant peers;

    g. Increase association with pro-social peers; and

    h. Improve school/vocational performance.

12. Provide service to the client and parent/guardian for an average of five (5) to seven (7) months. If needed, a client and parent/guardian who is responding positively to treatment may receive services for a longer duration for more difficult problems, if approved in writing by the referring probation department.

13. Provide referral(s) and resources and assist with the arrangement to schedule first appointment for service(s) for the client and parent/guardian for discharge planning purposes to ensure continued success.

14. Conduct an exit interview with the client and parent/guardian and the assigned probation officer to summarize the progress made during treatment, establish referrals and resources to maximize sustainability of progress and to survey satisfaction of the provided MST services.

15. Submit a written discharge summary to the probation officer within seven (7) days after case closure.

16. Prepare and provide all required reports in accordance with AOC Standard Terms and Conditions.

17. Contractor shall participate in quality assurance evaluation activities including, but not limited to group meetings, site visitations, videotaped reviews of sessions, and peer review of policies and procedures.

I have read and fully understand the requirements to provide Multisystemic Therapy for Problem Sexual Behaviors, and agree to all requirements and restrictions and propose the following rates:

Proposed Service Rate:

Direct Contact/Service (service code 297): $ _____ / youth / 15 minutes

Indirect Contact/Service (service code 298): $ _____ / youth / 15 minutes

Other proposed agreement: _____

_____

_____

_____

_____
Contractor Signature / Date

AOC USE ONLY: DO NOT FILL IN BEYOND THIS LINE

Final Contract Rate:

Direct Contact/Service (service code 297): $ _____ / youth / 15 minutes

Indirect Contact/Service (service code 298): $ _____ / youth / 15 minutes

Other agreement: _____

_____

_____

_____

_____ _____
Contractor Signature / Date AOC Staff Signature / Date