

## **Observation Checklist:**

### **What to Look for in Assessing Attachment and Bonding: Adolescents**

#### **Is the Adolescent...?**

aware of personal strengths?

aware of personal weaknesses?

comfortable with his sexuality?

engaging in positive peer interactions?

performing satisfactorily in school?

exhibiting signs of conscience development?

free from severe problems with the law?

aware of his parents' values?

keeping himself occupied in appropriate ways?

accepting of adult imposed limits?

involved in interests outside the home?

developing goals for the future?

emotionally close to parents?

#### **Does the Parent...?**

set appropriate limits?

encourage self-control?

trust the adolescent?

show interest in and acceptance of adolescent's friends?

display an interest in the teen's school performance?

exhibit interest in teen's activities?

have reasonable expectations regarding chores and household responsibilities?

stand by the adolescent if he gets in trouble?

show affection?

think this child will "turn out" okay?